

beverley kane, MD
horsensei equine-assisted learning and therapy
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I am a licensed California integrative medicine physician, specializing in mind-body wellness, doctor-patient relationship training, and corporate communication using equine-guided learning and psycho-spiritual development. In 2003, I founded Horsensei Equine-Assisted Learning and THERapy (HEALTH). Programs for groups and private clients include:

- *Equine-imity Somatic Horsemanship—Stress Reduction and Emotional Self-Regulation in the Company of Horses.* Qigong with and on horses conducted for the Stanford Healthy Living Program
- *Medicine & Horsemanship Clinical Course.* A Stanford Medical School course that teaches communication, teamwork, leadership, and self-care for the doctor-patient relationship
- *Medicine and Horsemanship Lead Ropes^{BK}.* A leadership enhancement program for physician leaders and medical executives
- *Horsensei Corporate Team Building.* offsites and retreats emphasizing communication, team work, leadership, and self-care
- *Equine-guided psychospiritual development* for individuals, couples, families, and work groups

current positions

- 2009 - Stanford University School of Medicine, Palo Alto, CA**
Adjunct Clinical Assistant Professor of Medicine
Division of Primary Care and Population Health
Program Director, Medicine & Horsemanship; Equine-imity Somatic Horsemanship; Medical Tai Chi
- 2003 - Horsensei Equine-Assisted Learning and THERapy (HEALTH)**
Founder and Lead Mare
Horsensei conducts equine-guided experiential learning and psycho-spiritual development programs for individuals, couples, and groups
<http://www.horsensei.com/>

equine-guided education experience

- 2012-** Level 1 Riding Instructor, Certified Horsemanship Association
- 2006-16** Level III Certified, EAGALA (Equine-Assisted Growth and Learning Association)
- 2004-13** National Center for Equine Facilitate Therapy, Veteran's Hospital Therapeutic Riding Program

memberships & appointments

- 2021-** Co-chair, Equestrian Trail Riders Action Committee (E-TRAC)
- 2010-** Member, Board of Directors, Trails Committee Co-chair, San Mateo County Horseman's Association
- 2004-** Life Member, EAGALA (Equine Assisted Growth and Learning Association)
- 2007** Member, Professional Association of Therapeutic Horsemanship Intl (formerly NARHA)

selected publications & presentations

The Manual of Somatic Horsemanship—An Instructor’s Guide to Equine-imity. In preparation for Spring 2024

Expert Witness for the Defense. Panganiban vs. Aspiring Families. San Diego County. 2023

Why the Long Face, Founder. The New Executive Coach Has Four Legs and a Mane. Featuring Horsensei interview. Ariella Pardes. *The Information.* Jan 26, 2023

<http://tinyurl.com/yhybm9h9>

Equine-imity—Stress Reduction and Emotional Self-Regulation in the Company of Horses. Dreamspark Publishing. March 2021

Kane B and Thompson C. *Somatic Horsemanship—A Stress Reduction Program Using a Therapeutic Riding and Equine Facilitated Learning Approach.* STRIDES (Journal of the Professional Association of Therapeutic Horsemanship. Summer 2014

Horses, Somatics and Spirit. Workshop. With Ariana Strozzi-Mazzucchi. Institute of Noetic Sciences. Petaluma, CA. August 2011 and Aug 2012

Kane B. *The Manual of Medicine & Horsemanship—Transforming the Doctor-Patient Relationship With Equine Experiential Learning.* AuthorHouse. 2007. v2.0 January 2011

NBC Emmy Award-winning news video. *Medicine and Horsemanship.* Maryanne Favro. 2006. <http://www.horsensei.com/videos.html>

*Complete CV, with additional education, work history, and publications
available on request*